

Every patient is a singular person

JOHANN DUSSAUX

French nurses learn that a patient is a singular person. The nursing approach is based on the biological, psychological and social dimensions of the patient. Nurses implement their plans of care and their nurses' actions according to the needs, the problems and the risks of each patient. To implement an adapted plan of care, French nurses use «the fourteen needs of Virginia Henderson». This American nurse thought about the concept that the needs of a healthy person are the same as a sick person, but the difference is the capacity to realize activities by oneself. So, nurses must assess the needs of patients. This state of mind enables to know the specific needs of each patient. Several factors can modify the nurse approach as the pathology, the culture, the religion, the medical history or hospitalized patient's life story. That's why nurses must adapt their approach and prepare each care.



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► July 2017 – July 2020

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